



Summer Camp 2021

Dear Lifeguard RAD Camper:

We are excited you have chosen to come to Lifeguard RAD Camp this summer! It's awesome you are choosing to develop new skills and expand your opportunities for work as a lifeguard. Here is some information for you to be better prepared for your week at Cohutta Springs.

As stated in the Lifeguard RAD Camp description, requirements for the class are as follows:

- Sunday evening – An intermediate competency test that you must pass in order to continue in the class.
- Well-developed front crawl and breaststroke.

It is recommended that you spend time, before coming to camp, strengthening these skills. Come prepared to be focused and work hard, so you can complete all the requirements for certification by the end of the week.

This American Red Cross Lifeguarding class is designed to teach you not only the basics in water safety but also the proper protocol when dealing with any emergencies around water. The class will include:

- Traditional lecture style each day, including video presentations
- Crucial hands-on training in order to teach you effective techniques to deliver prompt care to those in need.
- Learn how to respond safely and efficiently to water emergencies.

Those who complete and pass all the requirements will receive the Red Cross Lifeguard certification which includes CPR & First Aid certification. Red Cross Lifeguard Certification is valid for two years from the date of successful completion.

In the evenings you'll enjoy some of Cohutta Springs favorite attractions – such as our blob, slide, giant swing, zipline, and flying chair, as well as the amazing campfire programs.

If you have any questions, please call our Calhoun office at 706-602-7346. We are looking forward to seeing you at camp!

Sincerely,



Jonathan Montes  
Camp Director